

Yoshinkan Karate



At the **Yoshinkan Karate** Southside dojo we help develop sound bodies, minds, and spirits. Our classes are designed to promote fitness, overall well-being, reduce stress and increase self-confidence. And they're fun! **Yoshinkan Karate** is pleased to offer beginner first month specials which include a uniform: children (7+) @ \$50, students @ \$55, and adults @ \$70. Visit us at www.KarateinEdmonton.com for more information.

times	monday	tuesday	wednesday	thursday	friday	saturday
6:30 pm		kids (7+)/family 6:30 – 7:20		kids (7+)/family 6:30 – 7:20		
7:20 pm						
7:30 pm		Adults 7:30 – 9:00		Adults 7:30 – 9:00		
9:00 pm					Chito Ryu Karate-Do	